

Help Your favorite student be “Safe, Strong and Free”...

Our school district is providing CAP training for our students on how to:

- Prevent abuse and bullying
- Be assertive without being aggressive
- Learn self-protection strategies to keep them safe from sexual abuse, abduction and other potentially dangerous situations.

This training will be more effective if reinforced in the home.



We are asking parents to reinforce what their children are learning in the CAP classroom workshop by attending a CAP parent workshop on:

date: Tuesday, November 28th

time: 7:00pm

place: Zoom: Meeting ID: 841 5675 9016
Passcode: 455922

[learn more about CAP at](#)

Every year, NJCAP trains 100,000 children and 15,000 adults statewide in these self-protection strategies. If for some reason you do not want your child to attend this workshop on child safety, please sign below and send back to the school.

I do not give my permission for my child to participate in the CAP workshop.

Child's Name _____

Parent/Guardian Signature- Date signed _____

NJ Child Assault Prevention (CAP) is a program of the NJ Department of Children and Families and is supported by your local school district.